



“Amazing 50 minute Tammy Taylor Spa Pedicure”

To give **"Great Pedicures"** and keep your Clients coming back, you need to Focus most of your time and energy on the **3 things the Clients will remember** about your Pedicure:

- #1** Are their feet **Smooth**?
- #2** Was the **Massage** Memorable?
- #3** Does their **Polish Last**?

A little note: Make sure you do not get carried away with the ambiance of a pedicure that you forget about the **3 things the Clients really want**.

At-a-Glance Directions

To help you Focus on the most important parts of a Spa Pedicure, I have broken the Pedicure down into **3 SECTIONS**:

SECTION ONE = 25 minutes

(Make the Feet "Smooth", Pay the most attention to the Callus, Cuticle & Dry Cracked Skin)

Steps 1 thru 12:

Steps 1 thru 6 (Both feet)

1. Sanitize
 2. Remove Polish
 3. File Toenails
 4. Apply Cuticle Remover
 5. **File the Callus while the feet are dry; this will remove more callus faster with less effort**
 6. Put feet into water, (while you are letting the feet soak make sure to Educate & Explain 2 or 3 of your Retail Products from your Display)
- Steps 7 thru 12 (One foot at-a-time)
7. Remove foot
 8. Massage in Callus Soft
 9. Push back cuticle
 10. Exfoliate
 11. **File Callus again while feet are wet, to smooth**
 12. Put foot back into water and then do the next foot.

SECTION TWO = 15 minutes

(Pay the most attention to doing a "Memorable" Massage)

Steps 1 thru 4 (One foot at-a-time):

1. Remove foot
2. Spray foot & leg with "Revitalizer Spritz"
3. Massage with "Moisture Lotion" or "Intense Massage Oil"
4. Wrap foot and set foot aside

SECTION THREE = 10 minutes

(Pay the most attention to "Prepping" the Toenails and Polishing)

Steps 1 thru 5 (Toenails):

1. Buff Toenails
2. Scrub Toenails
3. Sanitize Toenails
4. Polish Toenails
5. Apply Oil to Toenails

Total 50 minutes